



OBESITY CARE FROM BOTH SIDES OF THE DESK

Practical strategies to improve patient care

Visit [DUOcongress.ca](https://duocongress.ca) to register for the hybrid congress

Thursday, April 23, 2026

2:30 p.m. to 3:30 p.m. ET

The Omni King Edward Hotel
37 King St E, Toronto

LEARNING OBJECTIVES

- Recognize obesity as a chronic, multifactorial disease and its implications for clinical management
- Implement simple, practical strategies to engage patients in collaborative obesity management
- Recognize individuals at increased risk of obesity-related liver disease and the impact of obesity on liver health in clinical practice

AGENDA

TIME (ET)	TOPIC	PRESENTER
2:30 p.m.	Welcome and Introductions	Dr. Akshay Jain
2:35 p.m.	Obesity Reframed from the Lens of a Patient	Ms. Sandra Elia
2:45 p.m.	Keep It Simple: Practical strategies to support better care	Dr. Jeffrey Habert
3:00 p.m.	The Liver-Obesity Link: What every clinician should know	Dr. Akshay Jain
3:15 p.m.	Audience Q&A	All Faculty
3:30 p.m.	Closing Remarks	Dr. Akshay Jain

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Society of Endocrinology and Metabolism. You may claim a maximum of 1.00 hour (credits are automatically calculated). Participants should only claim credits commensurate with the extent of their participation in the activity. This program is supported by an educational grant from Boehringer Ingelheim.

CHAIR

Akshay Jain, MD
Endocrinologist
Surrey, BC



SPEAKERS

Sandra Elia
Board Chair,
Obesity Matters
Toronto, ON



Jeffrey Habert, MD
Family Physician
Toronto, ON



CSEM REPRESENTATIVE

Robert Goldberg, MD
Endocrinologist
Toronto, ON

